

The Art of Collaboration

Workshop Series 2023

9am-5pm
See website
for details

Are you working with groups or teams and want to expand your collaboration toolkit? Did you know that there are now revolutionary new frameworks that will empower the people in your groups to work together successfully? Check out our series of four well received one day workshops.

Christchurch **21/10**
Dunedin **11/11**
Invercargill **25/11**
Greymouth **2/12**

1. The Art of Connection

Recent neuroscience tells us that conscious, engaged connection is an incredibly fertile platform for both social change and our own inner development. This first day covers the social nervous system, which lays a foundation for our work. We also get a real taste of the well-being that occurs when we can enhance our ability to better engage in relationships of all kinds.

2. The Art of Communication

In spite of our best efforts, we sometimes beat about the bush when it comes to speaking out our needs, boundaries and our dreams, so first lets fix that! We discover the power of attuned dialogue to bring about change. We cover a foundational and achievable core set of conflict management skills, and how to accommodate difference in our projects.

YOU MAY SIGN UP FOR ANY OF THE 4 DAYS, DISCOUNTS FOR MULTIPLE DAYS.

3. The Art of Decision Making

What are our options for making fast, efficient consensus based decisions that meet the need of all the people in the room? We cover group design, vision development, as well as governance methods that have been successfully used here in NZ, along with an introduction to group facilitation.

4. The Art of Emotional Intelligence

None of us wants to be upset, but lets face it, it happens, and the way we manage these upsets is a key feature of high functioning relationships. We cover tools to both self-regulate, and co-regulate. Relationships are where we learn and grow our emotional capacity. Topped off with a delightfully simple model of temperament



The 'Big House' is a metaphor for our planet, the home that we all share. These courses are brought to you by a grass roots collective who believe in the power of small groups to change the world. We have, between us, decades of experience working in groups, and this material is a powerful distillation of our ongoing research and practice.

 South Island 2023
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 www.thebighouseproject.nz

\$110
PER DAY
Deposit \$20
Special deals
apply

REFUNDABLE IN CASE OF CANCELLATION, OR WITH 7 DAYS NOTICE