February 2023
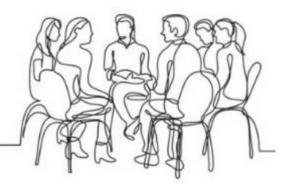# Collaboration Skills Workshop

This interactive workshop is a crash course in group skills, suited to people working on building community. Few of us were taught what is involved in working together in groups, about collaboration and about creating and sustaining community. The course comprises 6x 3 hour modules broken into 2x 3hr modules per day

Dates:
24/2   9am-5pm
25/2   9am-5pm
26/2   9am-5pm

1. Personal development - We need to address the barriers to collaboration and social engagement. And it turns out community is the most effective platform to do it. Social brain anatomy, emotions, triggers, core beliefs & protection systems, and a powerful new model to understand our corridor of well-being.

2. The art of dialogue - How to have connecting conversations. How does real dialogue work. Great conversations have the power to change the world.

3. Conflict resolution - How to use conflict to improve relationships. The nature of conflict, Non Violent Communication, our need for safety and belonging, tools for managing our personal and group state.

4. Decision making - How to make decisions that everyone can enjoy. What do we need before we can decide, decision making methods, including consensus, coloured cards, sociocracy, and innovations like the advice process.

5. Facilitation - How to plan and conduct a productive meeting. Why facilitate, what a facilitator is and isn't. Understanding the meeting process, participation formats, strategies & skills.

6. Connection - How to achieve deeper more satisfying connections in relationships. Why connect, what's in the way, how to really connect, and bonding (connection that lasts). Offsetting the challenges of group work, getting to the joy and celebration.

All Welcome

$295 deposit $40 to hold a space

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Richmond

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REFUNDABLE IN CASE OF CANCELLATION, OR WITH 7DAYS NOTICE